



WHY DOES MY FOOD TALK TO ME?

by childbook.ai



Sameer with worried face , in front of him are fruits,
glass of water, glass of milk, piece of meat and
vegetables



That night, Sameer fell asleep quickly.



The glass of water said, "You keep forgetting me!" Strawberry chimed in, "You choose sweets, but fruits are tastier." Carrot waved his hand, "We have vitamins you need!" Meat folded its arms, "We make you strong and healthy." "Listen to us, Sameer. Your body needs us all!" milk added gently.

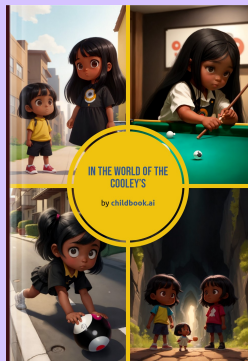


Sameer shot up in bed, heart pounding. He remembered the dream and smiled at his food friends. "I promise to eat healthier from now on!" he declared. The next morning, he enjoyed apples for breakfast and drank his water happily. All the food characters cheered quietly from the table.



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